

SHORT RIDE OPTIONS

- 4.5KM Ōpua to Te Ake Ake to catch train
- 3.5KM Kawakawa to Taumarere
- 4KM Kawakawa to Moerewa
- 14KM Kawakawa to Kawiti bridges
- 5KM Kaikohe to Kaikohe Aerodrome
- 3KM Ōkaihou to Macadamia Farm
- 5KM Ōkaihou to Snow's Farm

OFFICIAL TRAIL PARTNERS

Activities & Attractions

- Clendon House**
14 Parnell Street, Rawene
visitheritage.co.nz | 09 405 7874
- Kerikeri Mission Station**
246 Kerikeri Road, Kerikeri
visitheritage.co.nz | 09 407 9236
- Māngungu Mission Station**
107 Motukiore Road, Horeke
visitheritage.co.nz | 09 405 9734
- Pompallier Mission & Printery**
5 The Strand, Russell
visitheritage.co.nz | 09 403 9015
- Settlers Way Country Store**
7 Settlers Way, Ōkaihou
settlersway.co.nz | 027 601 5333
- Te Waimate Mission**
344 Te Ahu Ahu Road, Waimate North
visitheritage.co.nz | 09 405 9734
- Manea Footprints of Kupe**
41 Hokianga Harbour Drive, Opononi
maneafootprints.co.nz
021 221 2768
- Ngawha Springs**
303 Ngawha Springs Road, Ngawha
ngawha.nz | 09 405 2245
- Pioneer Village**
1A Recreation Road, Kaikohe
pioneervillage.org.nz | 09 401 0816
- Waitangi Mountain Bike Park**
33 Bayly Road, Waitangi
ridewaitangi.nz | 021 187 8192
- Waitangi Treaty Grounds**
1 Tau Henare Drive, Waitangi
waitangi.org.nz | 09 402 7437



Please report all hazards
to the Far North District
Council 0800 920 029

twincoastcycletail.kiwi.nz



Accommodation

- Admirals View Lodge & Motel**
2 MacMurray Road, Paihia
admiralsviewmotel.co.nz
09 402 6236
- Adventure Puketi Accommodation**
476 Puketi Road, Bay of Islands
adventurepuketi.co.nz | 0274 499 206
- Awesome Adventures Hokianga**
5 Fairlie Crescent, Opononi
aah.nz | 09 4058 224
- Duke of Marlborough**
35 The Strand, Russell
theduke.co.nz | 09 403 7829

- Horeke Hotel**
2118 Horeke Road, Horeke
horekehotel.nz | 09 401 9133
- Kaikohe Co-op Dairy Apartment & Café**
9 Thorpe Road, Kaikohe
09 405 2235

- Left Bank**
150 Broadway, Kaikohe
leftbank.co.nz | 09 283 5534
- Mulga Bill's Stopover**
6775 Mangakahia Road, Kaikohe
mulgabills.co.nz | 021 0225 3843

- Ōkaihou Rail Stay**
200 Horeke Road, Ōkaihou
okaihourailstay.co.nz | 09 401 9770

- Pigeon's Rest**
183b Horeke Road, Ōkaihou
pigeonsrest.co.nz | 021 071 5753

- Riverhead Villa**
2097 Horeke Road, Horeke
riverheadvilla.nz | 022 603 5602

- Russell Orongo Bay Holiday Park**
5960 Russell-Whakapara Road, Russell
russellaccommodation.co.nz
09 403 7704

- Scenic Hotel Paihia**
58 Seaview Road, Paihia
scenichotelgroup.co.nz | 09 402 7826

- Sea Spray Apartments**
138 Marsden Road, Paihia
heritagehotels.co.nz | 09 402 0013

Bike Hire, Tours & Shuttles

- Northland Experiences**
northlandexperiences.co.nz
0800 245 364
- Opua General Store**
1 Beechey Street, Opua
09 402 7575
- Paihia Taxis**
Paihia, Bay of Islands
paihiataxis.nz | 09 402 7506
- Top Trail Hire & Tours**
39 Rankin Street, Kaikohe
toptrail.co.nz | 0800 867 872

- Twin Coast Adventures**
30-36 Raihara Street, Kaikohe
twincoastadventures.co.nz
09 401 2743

Bike Shops & Services

- Hunter Cycles**
4 Hobson Avenue, Kerikeri
huntercycles.co.nz | 09 407 4395

- Mapworks (Great Rides App)**
greatridesapp.com

Cafes & Eateries

- Charlotte's Kitchen**
69 Marsden Road, Paihia
charlotteskitchen.co.nz
09 402 8296
- Country Food Kiosk**
Snow's Picnic Spot, Harrison Road, Horeke
022 038 4185
- Mint Restaurant at Left Bank**
150 Broadway, Kaikohe
leftbank.co.nz | 09 283 5534
- Ranui on Hokianga**
Kohukohu, Hokianga
ranuihokianga.co.nz
022 644 3599
- Sapphire Cafe**
10 Settlers Way, Ōkaihou
09 401 8843
- Zane Grey Restaurant**
69 Marsden Road, Paihia
zanegreys.co.nz | 09 402 6220

MAP LEGEND

ACCESS POINTS:

- A Baffin Street, Ōpua Marina
- B Kawakawa United Rugby Club, Kawakawa
- C Te Hononga - Hundertwasser Memorial Park, Kawakawa
- D Station Road, Kaikohe (opposite Kaikohe Refuse Centre)
- E Taheke Road Reserve, SH12, Kaikohe
- F Nova Street, Ōkaihou (Two Ponga Park)
- G Horeke Road, Ōkaihou (Macadamia Farm)
- H Horeke Road, Horeke (near Horeke Town Hall)

Alternate road route Ōpua to Whangae Road Trail.
17 km for experienced riders only.

- I Oromahoe Road, Ōpua
- J Star Hotel Carpark, Kawakawa



POU HERENGA TAI TWIN COAST CYCLE TRAIL



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POU HERENGA TAI TWIN COAST CYCLE TRAIL

Pou Herenga Tai Twin Coast Cycle Trail is one of the 23 Great Rides of Aotearoa New Zealand. The cycle trail stretches 87 km from Ōpua on the east coast, across the heartland to Horeke on the Hokianga Harbour on the west.

The trail tells the story of an emerging nation, capturing the history and heritage of Māori and European activity and settlements. Enjoy a taste of Te Tai Tokerau Northland, its quaint towns, untouched rural landscapes, and picture-perfect coastlines.

The trail can be ridden from coast to coast in either direction between Ōpua in the Bay of Islands to Horeke in Hokianga. You can also start in the middle in Kaikohe and ride the trail on a downward slope toward each coast.

Allow plenty of time for stops, exploring and to read the storyboards along the way which bring life to the history and stories of local people. There are sheltered areas and seating, as well as bio-loos spotted along the trail to make your stops more comfortable.

Local operators also offer guided tours, with tailored itineraries including bike hire, guides, shuttle pick-ups, accommodation and food. The trail is open year round thanks to its compacted shale surface and is open during daylight hours only.



EXPERIENCE THE TRAIL YOUR WAY

There are lots of ways to enjoy Pou Herenga Tai Twin Coast Cycle Trail! Here's a few suggestions:

- 1 Spend the day riding either the east coast or west coast section of the trail starting in Ōpua, Kaikohe, or Horeke (see all access points marked on trail map).
- 2 Enjoy a multi-day adventure over two days. Begin your journey in Kaikohe and ride toward Ōpua on the east coast on day one and Horeke on the west coast on day two. Allow some time each day to explore the area and take rest stops.
- 3 Ride a section at a time on separate day trips. If it's too much riding for one day, make it an overnighter.
- 4 Choose a bite-size ride you can manage in a couple of hours. See reverse side for shorter ride options.
- 5 Walk it! The cycle trail is not just for cyclists it's also a lovely scenic walk. Dogs on leads are permitted on parts of the trail, see our website for details.



HOREKE ←
ŌKAIHAU TO HOREKE • Grade 2 & 3 • 28km • 2 - 3 Hours

- Starting from outside the Ōkaihou Community Hall cycle west along the ridge taking in stunning views of the Waihou Valley and historic sites along the way. Moving off the roadside enter farmland at what is known as the Macadamia Farm.
- Take in amazing views of the Utakura Valley as you head down the trail via a series of switchbacks to a beautiful part of the trail cycling alongside the Utakura River surrounded by bush clad hills.
- Snow's Picnic Spot beside the Utakura River is a must-stop along the trail. Here you will find the Country Food Kiosk (closed in winter) offering delicious country-style food in a peaceful and restful setting.
- Coming out of the farmland, the trail follows the road, before you come to the 1km boardwalk through the Mangrove Estuary to Hokianga Harbour.
- Next stop is Horeke! At the old Horeke Fire Station, the trail shares the road for approx 3 km to the end of the trail at Māngungu Mission House – a national heritage site.
- Explore this important heritage site that overlooks the picturesque Hokianga Harbour. Māngungu Mission was the site of the third signing of Te Tiriti o Waitangi.
- If you would like to explore more of the Hokianga you can catch the 'Ranui' boat from the wharf at Horeke over to the charming seaside town of Kohukohu. There's plenty to do in this quaint town with a rich Kauri mining history. You can continue your cycling journey, enjoy a coffee or bite to eat overlooking the harbour, or discover art galleries and studios.



KAIKOHE →
KAIKOHE TO ŌKAIHAU • Grade 1 & 2 • 14km • 1 - 2 Hours

- Kaikohe is home to our Cycle Information Hub located at Pioneer Village. It's a great place to stop if you need to gather more information about the trail or refresh before or after your ride. There is a café on site, restrooms, wifi access, and secure bike stands. Pioneer Village is also a key visitor attraction housing a museum, historic buildings, a train and more!
- The trail leaves on the west of town and is popular with walkers due to the gentle climb with spectacular paramount views and storyboards telling the history of the area. The trail climbs 280 metres above sea level at the highest point.
- The trail follows a disused railway corridor and nestled in a tranquil native bush setting is an 80m long curved tunnel built in 1915 - make sure to switch your bike light on as you pass through!
- Once through the tunnel, you will gradually descend to Northland's largest lake, Lake Ōmāpere. Tuna (eels) harvested from Lake Ōmāpere and Utakura River catchment have long been an important food source for tangata whenua.
- Your next stop will be the township of Ōkaihou. Ōkaihou has fantastic eateries and boutique shops and can also be an ideal place to stay.
- Heading Southwest out of town for a few kilometres, the trail is beside the road. Be sure to stop at all the points of interest, churches and the war memorial gates with storyboards.



KAIKOHE →
KAIKOHE TO KAWAKAWA • Grade 1 & 2 • 34km • 3 - 4 hours

- Kaikohe is a medium-sized township with rich Māori and European heritage. Kaikohe is the hometown of Ngāpuhi.
- Just out of Kaikohe you will pass the Kaikohe Aerodrome built in 1942 as a US Marines bomber base. It is the largest grass strip in the Southern Hemisphere, used now by general aviation.
- The next 25km of the trail is a gradual decline through the Ngapipito Valley, pass rural activities of pine forestry and farming before reaching the historic wooden twin truss bridges at Tūhipa.
- The trail takes you along the back of the Moerewa township with the remaining primary industries still operating: a timber mill and freezing works. A feature of the former railway corridor is a 1km long causeway over paddocks, wetlands and waterways before arriving at Kawakawa.
- Arrive in Kawakawa! A bustling rural town with some big tourist attractions. The perfect toilet stop is the famous Hundertwasser toilets. Learn more about the world-renowned Austrian artist who designed these quirky toilets at Te Hononga Hundertwasser Memorial Park. In Kawakawa you will also find Bay of Islands Vintage Railway, cafes, a small supermarket, and plenty of craft and gift shops.



→ **ŌPUA**
KAWAKAWA TO ŌPUA

There are two options here:

- 1) **Via Taumarere & Te Ake Ake** / Grade 1 • 11km • 1 hour
You will need to take a train ride to get from Taumarere to Te Ake Ake if riding from Kawakawa, or vice versa if riding from Ōpua, to complete this part of your journey. The train does not operate every day so be sure to check the Bay of Islands Vintage Railway timetable before departure.
The ride between Kawakawa and Taumarere is easy and ideal for inexperienced riders. The trail follows the southern edge of the Kawakawa River plain alongside the second oldest railway line in New Zealand.
Between Te Ake Ake and Ōpua the trail continues alongside the river. This was once the main access way for Māori travelling to and from the area. Ponder the history and enjoy stunning estuarine scenery on your way to or from Ōpua.
- 2) **Via Whangae & Oromahoe Roads** / Grade 3 • 17km • 1.5 hours
This is an alternative route on quiet country roads suitable for experienced riders. There are hills that require a reasonable fitness level, especially if riding from Kawakawa, but there is also plenty of downhill freewheeling. This route will take you through farmland and the beautiful Ōpua State Forest, with its stately Kauri trees and panoramic ocean views.
The easiest way to ride this route is to start at the Top O' The Hill reserve on the corner of SH11 and English Bay Road in Ōpua. Follow the signs along Oromahoe Road and Whangae Road, then cross the Kawakawa River plain to arrive at Te Hononga in Kawakawa.